## Our Commitment to your Safety



Our family, caring for yours

### Message from our CEO Alykhan Kachra



Dear Families,

As the Coronavirus pandemic continues into its 3rd year, at Country Court we continue to remain vigilant to its impact on life in our homes. Throughout this time, we have followed thorough infection control procedures in all of our homes, as we know this is the bedrock to safety. These practices mean we have been as well-equipped as anyone to deal with the Covid-19 outbreak but have still increased our measures to reduce its impact. During this period, we have reviewed every operation of our care homes from hygiene to hospitality, personal care to hairdressing, no stone has been left unturned. We were rigorous and thorough from the start in our response Covid-19 and have continued this throughout the pandemic, putting our residents health and well-being at the forefront of any changes we make.

We know we must remain vigilant to the risks the virus carries every day. We believe that all our residents should feel safe and comfortable within their own home and have ensured our covid-secure health and safety procedures impacts this as little as possible. Some of these you will notice, some will be a little less obvious, but we hope that you can see the reasons for each one. To help explain exactly what we are doing to keep you and your loved ones safe, we have taken the time to explain these measures in this document. Our teams are constantly monitoring and updating these practices to ensure our homes offer your loved one a happy, comfortable and secure place to live and enjoy life.

If you have any questions on how any of this works, please just ask your Home Manager or a member of staff.

Yours sincerely Alykhan Kachra

### Testing

- Symptomatic testing with two LFDs taken 48 hours apart available for: any resident or staff who is symptomatic.
- Testing of residents admitted to care homes from the community or being discharged from hospital.
- Testing of staff and care home residents following a positive COVID-19 test to allow staff to return to work earlier and to minimise restrictions on resident wellbeing. Individuals will continue to be able to test from day five, returning to work or ending isolation early after two consecutive negative tests taken 24 hours apart.
- Testing to manage outbreaks in care homes, and daily rapid response LFD testing for five days in the event of a single positive case in our care homes.



# **Cleaning and Hygiene**

Coping with Covid-19 in care homes has meant many changes in the way staff look and behave around your home. All staff must wear a mask regardless of their role. All staff providing personal care will be provided with the relevant PPE. Each of our homes already have hand sanitiser dispensers at regular intervals and staff are trained to use these on a regular basis, alongside effective hand-washing.

#### **Products**

We use antimicrobial and hospital grade sanitisers.

#### **Communal Areas**

We have increased the frequency with which we clean communal areas with an emphasis on high contact surfaces including handrails, door handles, lift buttons, dining areas and seating areas.

### **Bedrooms**

Cleaning and sanitising are carried out on a daily basis with an emphasis on high contact areas such as desks, chairs, remote controls, door handles and lighting controls.

### Dining Areas

All high contact areas such as counters, handrails and equipment are sanitised at least once an hour. All dining tables, chairs and counters are sanitised after each use. Table linen and napkins are laundered after each use. All plates and cutlery will be rinsed and placed through the dishwashers to comply with food safety regulations.

### **Kitchens**

Food preparation stations are sanitised at least once per hour and all kitchens are deep cleaned and sanitised at least once per day. Our chefs will be wearing the required PPE (personal protective equipment) whilst preparing your food and work from set stations with their own utensils. We continue to follow guidance from food standard agencies.



Your home is well stocked with supplies such as tissues, soap and cleaning materials. All staff members have access to the full PPE required. In total The Country Court Group has over 8 million items of PPE.

Residents in our homes are not required to wear PPE (unless they wish to). All of our team are provided with the relevant PPE for their role and given guidance on how to use it for each situation, as well as being trained how to dispose of single-use PPE and sessionaluse PPE. We also ask visitors to wear PPE as per the current government guidance.



### Training

As part of our commitment to staff development and resident safety, all staff receive regular and thorough training in a wide range of subjects. As standard, staff receive training covering hand-washing and respiratory hygiene and this has been revisited during the Covid-19 pandemic as a reminder.

99.4% of staff have completed Infection Control Training and 98.2% of staff have completed COSHH (Control of substances hazardous to health) training.



### Visitors

Due to the fluid nature of the Covid-19 pandemic, our visiting policy is reviewed and updated on an ongoing basis and is separate to this document. For the most up to date visiting policy, please contact your Home Manager.

# How can you help?

### Stay Alert

The guidance at our homes can change regularly, due to the fast moving situation. Please follow this as best you can, to ensure everyone can stay safe in the home. If you are feeling unwell, please let a member of staff know immediately.

### **Get Vaccinated**

While it is not mandatory for visitors to our homes to be vaccinated, we strongly advise people to do so. This not only protects you and your loved one, but also every other person in the care home.

### Wear a mask and wash your hands

Masks are mandatory in our homes. We also ask that you wash your hands thoroughly on entrance and use the hand sanitising stations wherever available.

### Follow the Signs

As the guidance can change regularly, please keep an eye out for any changes displayed in the home, as well as the way-finding and directional signage we have installed.

### **Be Patient**

We know many of these measures are different to previously and the regular changes can be frustrating. We hope you understand they have been implemented for everyone's safety. All of our staff continue to work extremely hard to keep our residents safe and will continue to do so, to the guidance to provide them. We will of course take all feedback on board so if you have any questions or suggestions please just let us know.

## We're here to help

All our staff from carers, to housekeepers, front of house and maintenance are all willing and happy to stop for a chat with our residents.

For any questions, queries or help, your Home Manager is the first point of call. Just let them (or any of the staff) know if there is anything you need.



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